

# Personal and professional development for postgraduate researchers



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# Who are we?



INSTITUTE FOR  
**ACADEMIC  
DEVELOPMENT**

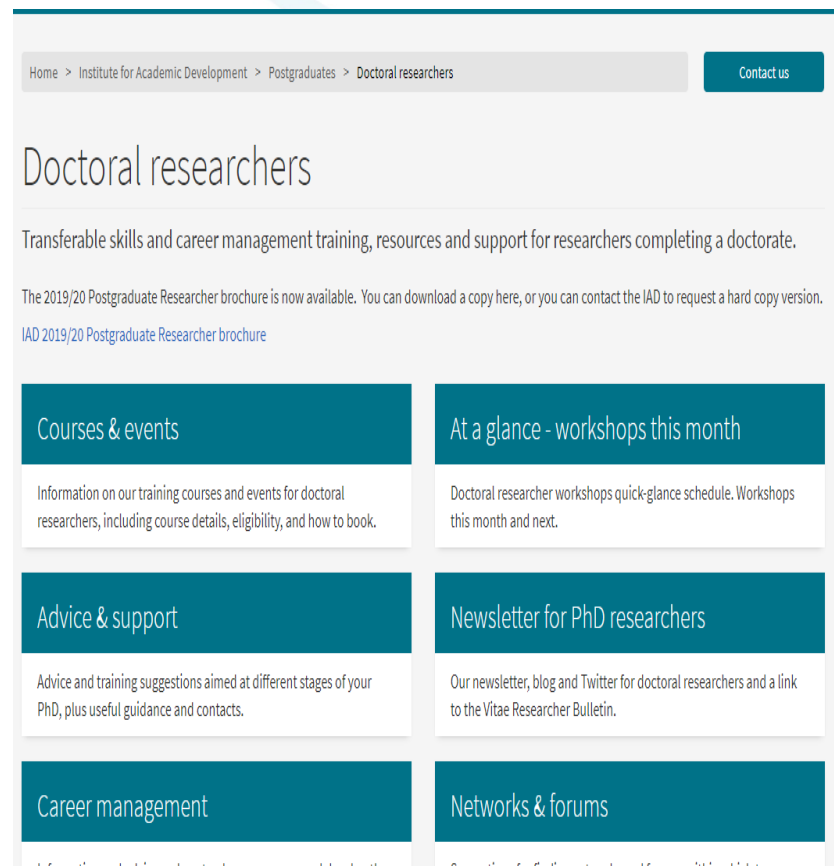
We provide tailored support and opportunities for undergraduate, masters and doctoral students, and for early career and experienced staff involved in teaching, learning and research.

# How we support researchers

- Focus on the researcher beyond the research
- Identifying and gaining skills to help you complete your research degree
- Encourage taking responsibility for own development



# PGR Support



# Workshop Themes

Personal  
Effectiveness

Communication  
and Impact

Writing and  
Publishing

Public  
Engagement

Research  
Planning and  
Management

Digital and  
Library Skills

Ethics and  
Integrity

Statistics

# Examples of Workshops

## Personal Effectiveness



- Time Management
- Team Building and Leadership
- Staying well and being productive
- Working with your Supervisor
- Simply Assertive
- Speed Reading
- Seven Secrets of a Highly Successful Research Student
- Improve Productivity – Reduce Stress

## Communication and Impact



- Presentation Skills
- Communicating the Impact of your Research
- Figures, Images and Visualising Information
- Effective Conference Posters
- Handling Presentation Difficulties
- Public Speaking, Networking and Engaging

## Research Planning and Management



- Managing your Research Project
- Writing a Data Management Plan for your Research
- Benefits of Good Research Data Management
- Viva Survivor
- Second Year PhD Skills
- Final Year Focus

# Examples of Workshops

## Digital and Library Skills



- Searching Research Literature
- Managing Bibliographies and Citing Sources
- Endnote/Zotero/Mendeley
- Finding Academic Literature
- Using social media – Managing your online identity
- Beginners guide to Imaging

## Writing and Publishing



- Is my writing academic enough?
- An introduction to copyright and publishing
- How to be your own best editor
- The Writing Process: Getting Started
- Writing a Literature Review
- Writing for Publication
- Writing Well: Language and Style

## Public Engagement



- Public Engagement beyond Public Lectures
- Storytelling techniques for effective communication
- An Introduction to public engagement with research
- Facilitation skills for Public Engagement



# Suggested Workshops for the First Year

- It's About Time...Managing Time Personal Efficiency and Effectiveness
- Good Feedback: Asking for it; getting it; and responding to it
- Realising the Benefits of Good Research Data Management/Writing a Data Management Plan
- The Writing Process: Getting Started
- How to be an Effective Researcher
- Managing Your Research Project
- Finding Academic Literature
- Ethics and Integrity
- Speed Reading





# Hybrid working

New workshops on:

- Working productively at a distance – working with your supervisor and time management
- Top Tips for Getting the Best Out of a Virtual Conference
- Being an Effective Remote Researcher
- Presenting Your Research Virtually - Best Practice for Online (and Live) Presenting



# Getting Started with Postgraduate Research: *an online course*

A three week online course for all new postgraduate researchers

Week 1: Getting to know you

Week 2: Achieving first milestones

Week 3: Overcoming common challenges



Interactive/ essential information/ hints and tips for making the most of your PGR experience at Edinburgh

Next course will start on 17<sup>th</sup> October 2022– details and enrolment at [www.ed.ac.uk/iad/postgraduates](http://www.ed.ac.uk/iad/postgraduates)

# Support for Tutors and Demonstrators

- Workshops for new teachers on tutoring, demonstrating, marking and teaching online
- Workshops for more experienced teachers (lecturing, supervising, one-to-one advising, creativity in teaching)
- Support for seeking accreditation for teaching
- Online courses and resources
- Individual consultations (short appointments)

# Example of T&D Workshops

- Assessment and Providing Feedback
- Effective Tutoring Introduction
- Engaging Students in an Online Environment
- Designing and Delivering Lectures
- Supervising Projects and Dissertations
- Advising on Personal and Academic Matters
- Teaching Outside the Box: Using Creativity in your Teaching

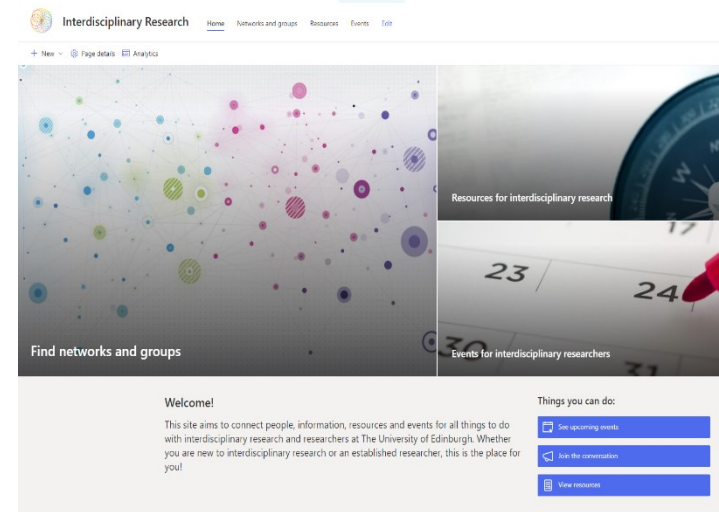


# Support for Interdisciplinary Research

If you are an interdisciplinary researcher who works across disciplines, you can find further information on relevant events, networks and resources on the IAD SharePoint site.

Whether you are new to interdisciplinary research or an established researcher, this is the place for you!

New workshop on Interdisciplinary collaborations: Understanding and navigating the barriers to success



# How to Book

- Events Booking Channel on MyEd  
*Select Institute for Academic Development from drop down list*  
<https://www.events.ed.ac.uk/>
- IAD Website: [www.ed.ac.uk/iad/postgraduates](http://www.ed.ac.uk/iad/postgraduates)
- You will receive an automated booking confirmation email from the Events Booking Channel
- You will receive an email from [iad.phd@ed.ac.uk](mailto:iad.phd@ed.ac.uk) a few days prior to the workshop with the joining instructions/venue



# Attending an IAD Workshop

- Workshops are interactive in nature and require active participation
- Please only book a place if you can commit to the full duration of the workshop
- Some workshops will have pre course work/preparation - this will be explained in the workshop description
- We don't record online workshops
- Please cancel your place if you are not able to attend
- If you would like to find out more about what to expect when attending an IAD workshop please visit

<https://www.ed.ac.uk/institute-academic-development/about-us/attending-an-iad-workshop>



# How the IAD can help

- PhD Planner
- Downloadable Guides
- Advice and Support
- Monthly newsletter
- Writing Hours/Writing Retreats
- Twitter and Blog (@iad4phd)

WRITE*fest*




[www.ed.ac.uk/iad](http://www.ed.ac.uk/iad)

[www.ed.ac.uk/iad/postgraduates](http://www.ed.ac.uk/iad/postgraduates)



# Your Research Degree

- Take time to understand the expectations
  - Take time to plan and work out your time management
  - Invest time in learning about digital tools / other key skills for your research at the start
  - Talk to others – get involved
  - Write every day or regularly
  - Plan your Development
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- Don't be too hard on yourself – you are not expected to be an expert from day one and don't compare yourself to other people!



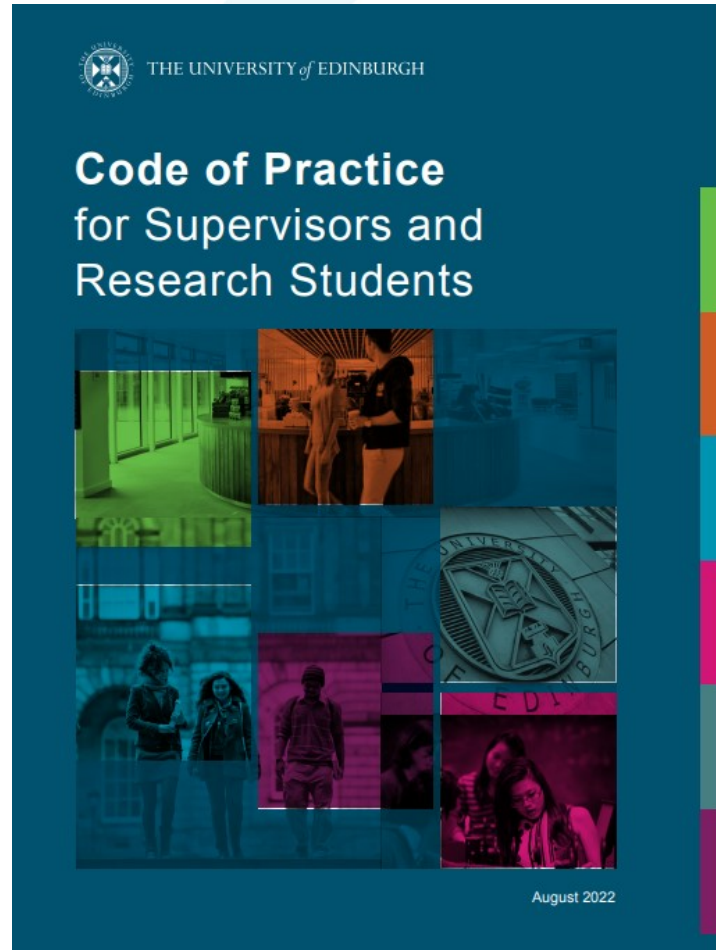
3MT challenges students to consolidate their ideas and research discoveries so they can be presented concisely to a non-specialist audience.

- Develop Presentation Skills and confidence in public speaking
- Competition Preparation Workshops available
- Practice Sessions
- Resources on IAD website and YouTube
- Information Session – 17<sup>th</sup> November 2022



<https://www.ed.ac.uk/institute-academic-development/postgraduate/doctoral/3mt/about-3mt>

# Code of Practice



Sets out expectations for postgraduate researchers, supervisors and the University

<https://www.ed.ac.uk/academic-services/students/code-of-practice>





# University of Edinburgh Doctoral College

- A University –wide structure to coordinate and communicate support, training and opportunities
- Information on training, events and opportunities posted on the website

<https://www.ed.ac.uk/doctoral-college>

Follow on twitter: @UoE\_Doc



# Career development & support for PGRs

- [Careers Service website](#) -> with [bespoke site for PGRs](#)
- Open online course: [Career Management for Early Career Academic Researchers](#) -> developed by the Careers Service in collaboration with colleagues from Sheffield & Glasgow.
- PhD career development workshops -> specific strands for CAHSS & CSE/CMVM, covers:
  - Making the most of your PhD; applications & interviews; networking
  - Academic careers; Changing career direction

*\*Mostly online but some in-person\**
- Access to curated content and recordings from previous PGR events, including [PhD Horizons: career insights for PhD students](#)
- Development opportunities including on campus internships -> [Employ.ed for PhDs](#)
- [MyCareerHub](#) for access to jobs, internships, seasonal & part-time work
- For everything else -> [Quick links & Career Essentials](#)





# digital skills programme



## Chaplaincy

welcome to all faiths and none



EDINBURGH  
INNOVATIONS



STUDENT COUNSELLING

## English Language Education



 The Wellbeing Thesis



THE UNIVERSITY of EDINBURGH  
Careers Service

  
**THINKWELL**

Edinburgh  
University  
**Students'  
Association**



Edinburgh  
University  
Students'  
Association



## Advice Place



[www.ed.ac.uk/iad](http://www.ed.ac.uk/iad)

LinkedIn LEARNING

# Getting in touch

## Website:

<http://www.ed.ac.uk/iad/postgraduates>

## Email:

[iad.phd@ed.ac.uk](mailto:iad.phd@ed.ac.uk)

## Twitter:

[@iad4phd](https://twitter.com/iad4phd)

